

**Trip Name:** East Bowl Mount Cain.

**Trip ATES Rating:** Challenging/Complex.

<b>Avalanche Forecast Region:</b>	Vancouver Island
<b>Desination Region:</b>	Mount Cain Back Country
<b>Local Name:</b>	East Bowl
<b>Primary Use:</b>	Slack Country Skiing
<b>Access Trail Name:</b>	Top station of top T-bar.
<b>Access Point:</b>	East boundary of ski area at 1620m.
<b>Egress Point:</b>	East Bowl exit traverse leaving the main gully at around 1300m.
<b>Objective:</b>	Ski Run.
<b>Objective Longitude (or mid-point) (ddd.nnnn)</b>	-126.32619 (Entrance at east boundary)
<b>Objective Latitude (or mid-point) (dd.nnnn)</b>	+50.22523 (Entrance at east boundary)
<b>Description:</b>	Entrance on east boundary adjacent to top lift station. Ski directly into bowl or traverse into bowl for a number of options for descent all of which lead into the central gully. Traverse entire bowl and climb to enter "Dream Chute".
<b>Terrain Classification:</b>	Challenging/Complex
<b>Below Treeline</b>	70%
<b>Treeline:</b>	30%
<b>Alpine:</b>	0%
<b>Other Resources:</b>	Island Turns and Tours by Philip Stone.
<b>Cautions</b>	Entering the upper bowl and traversing it results in immediate and relentless exposure to bottoms of start zones or tops in tracks. Mid to lower run entails exposure to multiple overlapping tracks and run outs.
<b>Mitigation opportunities:</b>	Safest line is to descend the lowest angle and most supported terrain on the skiers right of the bowl near the east boundary entrance. If ascending to Dream Chute avoid slabs and convexities either by a direct ascent on foot near the north west ridge above the col between Cain and Able or by working a line between convexities on the right of the face.
<b>Recommended times for use</b>	Not in Considerable or above hazard.
<b>Rescue and public safety information</b>	RCC, RCMP.